

Coastal Skipper

Monday	Introductory talk Engine check and operation Yacht familiarisation Boat handling under power Turning and stopping. Checking for prop throw Effect of wind on hull Awareness of tidal streams Picking up mooring practice Coming alongside practice MOB under engine Equipment check Boat handling under sail Tacking and gybing Picking up moorings – all tidal situations
Evening	Passage plan Instructor does passage plan with students
Tuesday	Offshore passage Practise routine navigational procedures, position fixing, log entry, weather forecast, use of VHF, GPS and sail changing Skipper techniques, plan ahead
Evening	Passage plan, student as skipper
Wednesday	Passage Emphasis on practical navigation and pilotage Boat handling in confined water
Evening	Talk on sailing in heavy weather, emergency situations Offshore night passage, Instructor as skipper Watch keeping system (minimum interference from skipper)
Thursday	MOB under sail
Friday	Return to departure point Possible passage with students as skipper Navigation in fog Revision as required Clean up and debriefing