

## **Day Skipper**

Monday	<p>Introductory crew Engine operation and checks, checking prop work Equipment checks Basic knots Hoisting mainsail and reefing Bending on and hoisting headsail</p> <p>Manoeuvres under power Picking up mooring, use of boat hook Coming alongside Boat handling under power as appropriate Basic sailing. Reach tack reach. Basic sail trim MOB method 1</p> <p>Boat handling under power Turning and stopping. Checking for prop throw Effect of wind on hull Awareness of tidal streams Picking up mooring practice Coming alongside practice</p>
Evening	<p>Passage plan for day 2 done with skipper Tides and tidal streams Course to steer Pilotage and pilotage notes</p>
Tuesday	<p>Short passage. Instructor as skipper Sail changing and reefing underway Chartwork – position fixing – course to steer – pilotage Boat handling in confined waters Rules of the road</p>
Evening	<p>Planning short passage</p>
Wednesday	<p>Short passages (students as skipper)</p> <p>Position awareness. Danger? Is the boat safe? Pilotage Boat handling in confined water Sails and sail trim</p>
Evening	<p>Maintenance. GPS. Radar</p>

Thursday

Sailing and boat handling

Boat handling in confined water

Boat handling under sail

- sailing triangular courses
- picking up moorings and anchoring
- MOB method 2

Evening

Night passage. Instructor as skipper

Chart work – position fixing

Pilotage

Friday

Return to destination

Navigation in fog

Revision

Boat handling and refuel

Clean up

Log books. Debriefing